

New Books in Health and Medicine

June 2016

13 things mentally strong people don't do: take back your power, embrace change, face your fears, and train your brain for happiness and success.

Morin, Amy.

New York: William Morrow, an imprint of HarperCollinsPublishers, [2014]

Call No. 158.1 Mor

The anatomy of addiction: what science and research tell us about the true causes, best preventive techniques, and most successful treatments.

Mohammad, Akikur.

New York City: Perigee, 2016.

Call No. 362.29 Moh

A cancer companion: an oncologist's advice on diagnosis, treatment, and recovery.

Srivastava, Ranjana (Oncologist).

Chicago: The University of Chicago Press, 2015.

Call No. 616.994 Sri

Concussion.

Laskas, Jeanne Marie, 1958.

New York: Random House, [2015]

Call No. 617.5 Las

Cure: a journey into the science of mind over body.

Marchant, Jo.

New York: Crown Publishers, [2016]

Call No. 616.89 Mar

The dementia caregiver: a guide to caring for someone with Alzheimer's disease and other neurocognitive disorders.

Agronin, Marc E.

Lanham, Maryland: Rowman & Littlefield, [2016]

Call No. 616.83 Agr

Essentials of public health.

Turnock, Bernard J.

Burlington, MA: Jones & Bartlett Learning, [2016]

Call No. 362.1 Tur

Connecting people with information through libraries

Health trackers: how technology is helping us monitor and improve our health.

MacManus, Richard.
Lanham, Maryland: Rowman & Littlefield, [2015]
Call No. 362.102 Mac

How not to die: discover the foods scientifically proven to prevent and reverse disease.

Greger, Michael.
New York: Flatiron Books, 2015.
Call No. 613.2 Gre

The narcissist you know.

Burgo, Joseph (Psychologist).
New York: Touchstone Book, 2015.
Call No. 155.232 Bur

The patient's playbook: how to save your life and the lives of those you love.

Michelson, Leslie D.
New York: Alfred A. Knopf, [2015]
Call No. 610.696 Mic

Smarter faster better: the secrets of productivity in life and business.

Duhigg, Charles.
New York: Random House, [2016]
Call No. 158 Duh

Study guide to DSM-5.

Roberts, Laura Weiss, 1960.
Washington, DC: American Psychiatric Publishing, [2015]
Call No. 616.89 Stu

Understanding autism: the essential guide for parents.

Williams, Katrina.
Wollombi, N.S.W. Exisle Publishing Pty Ltd, 2015.
Call No. 618.928 Wil

Understanding chronic fatigue syndrome: an introduction for patients and caregivers.

Ali, Naheed, 1981.
Lanham: Rowman & Littlefield, [2015]
Call No. 616.047 Ali

Connecting people with information through libraries

Items are located in the *Browsing Collection* on Level 3 (street level) of the library.
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Books may be requested by state employees through the **ILLiad** system at the New Jersey State Library.

ILLiad: <https://illiad.njstatelib.org/ILLiad/>

ILLiad Instructions: http://www.njstatelib.org/research_library/request-a-book-or-article/interlibrary_loan_for_state_employees_and_tesu/

Or contact the reference desk at 609-278-2640 x103; Email: refdesk@njstatelib.org

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Online Book Café: <https://www.goodreads.com/group/show/170393-the-online-book-cafe>

A **Selected New Books List**, which covers books in all subject areas, can be emailed to you. If you would like to receive this list please submit your email address to cwarrick@njstatelib.org.

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