“Tooty” Toddlers: Shaking Up Programming for Your Littlest Patrons

Sabrina Starts & Susan Starts
Pennsauken Free Public Library Children’s Department
What is Toddler Movement?

• Creative Movement Class
  • “...provides a structured environment where coordination, rhythm, and translating music to movement are introduced in creative and imaginative ways.”

• “Tooty” Toddlers at the Pennsauken Library
  • 6 week class as part of Summer Reading Program

• Extremely successful
  • Great reviews, high demand for more classes, increased community outreach
Parent Reviews

• “I give Miss Sabrina an A+. She is a wonderful addition to your staff. We were very happy to see movement class in your summer program. Please continue movement in your fall schedule. Keep up the good work!” - Bernadette Coco-Ingram (Claire, age 5 & Camille, age 3)

• “I could not be more happy and pleased with this wonderful class. The value is incredible, to allow the girls to socialize has been awesome. Thank you so much! More more more” – Maya Lewis (Laila & Joya, age 2)

• “Ms. Sabrina was too good. She is doing (a) great job and Miss Susan (is) also doing (a) fantastic job. I’m seeing improvements in my son’s activity because of you guys.” – Growthami (Kiruthik-Jay, age 2)

• “Thanks for the toddler movement and story readings. Vivaanth thoroughly enjoyed. He always waits for Monday mornings for movement class.” – Ramya (Vivaanth, age 4)
Why Add a Toddler Movement Class to Library Programming?

• Get kids active
  • When done before storytime or other programs where attention is required – can help “get the sillies out”
• Know your community
  • Parents may not have other opportunities to provide regular, structured physical activity & socialization for children
  • Most popular programs at Pennsauken Library the last few years – adult exercise classes (Yoga, Zumba, etc.)
• Nothing previously available for children
Why Add a Toddler Movement Class to Library Programming?

- Expand variety of library programming
  - Draw in new patrons
  - Advertise other library programs
- Incorporating Literacy
- Opportunity for Teen Volunteers
- Do-able for everyone – including library staff!
  - No dance experience required
Creating a Toddler Movement Class

- Basics
  - Age
  - Class length
  - Program name
  - Scheduling
  - Clothing

- Marketing
  - Social Media
Creating a Toddler Movement Class

- Supplies
  - Class space
  - Flooring
  - Sound system/projection system
  - Class materials: parachute, scarves, instruments, ankle bells, books, stickers
- Music and Videos
  - Repetition
Structuring a Toddler Movement Class

• “Tooty” Toddlers class format:
  • Warm-ups
    • Using exciting, kid-friendly metaphors
    • Repeat to both sides, explain left/right (bells useful)
    • Examples: Rainbow legs, making a pizza, catching falling stars, elephant kicks, butterfly stretch
    • Skills: following directions, distinguishing L/R, flexibility and motor skills
  • Videos
    • Examples: “Party Freeze Dance”, “Tooty Ta”
    • Skills: following directions, coordination, moving to music, creativity
  • Parachute
    • Gets parents involved
    • Skills: following directions, teamwork, motor skills
  • End of class bow

• Verbal encouragement
Structuring a Toddler Movement Class

- Additional Elements
  - Dance/movement stories
    - Dancing Feet! By Lindsey Craig, Sandra Boynton works
  - Scarves
  - Shakers and/or instruments
  - Across the floor
“Tooty” Toddlers at Pennsauken Library
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Thank you!