The Federal Deposit Insurance Corporation is an independent agency created by the Congress to maintain stability and public confidence in the nation’s financial system. One way we do that is by providing free, non-biased financial education materials, including this Participant Guide. For more information about our family of Money Smart products, visit www.fdic.gov/moneysmart.
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Welcome
Welcome to the FDIC’s Money Smart for Adults!

This is the Participant Guide for Module 11: Protecting Your Identity and Other Assets. Use it during and after training. Mark it up, write in it, take notes—it is yours to keep.

Module Purpose
This module covers how to protect your identity and other assets.

This module also:
- Discusses what to do in the event of identity theft or fraud
- Explains how insurance can help protect you from financial loss, and the importance of keeping good records
Section 1: Risks to Your Assets
We will discuss how to identify risks to your assets and ways you can reduce those risks.

Key Takeaway
Being aware of risks to your assets prepares you to take steps to reduce those risks.

Assets and Risks
An asset is something you own that has value. Risk is the potential for harm. You can protect the value of your assets by taking steps to reduce risks.

Asset = Something you own that has value
Risk = Potential for Harm
Try It: Spotting Risks to Assets

List the risks associated with one of these common assets.

Cash

Home

Car

Job
Reducing Risks to Your Assets
You cannot eliminate all risks, but you can reduce some of them.

- Make informed choices that anticipate risks
- Be careful with personal information
- Know your rights and responsibilities
- Get insurance

Apply It: Risks to My Assets
You can complete this worksheet to identify risks to your assets and what steps you may want to take to reduce those risks.

<table>
<thead>
<tr>
<th>My Assets</th>
<th>Risks to My Assets</th>
<th>How I Can Reduce Those Risks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Remember the Key Takeaway
Being aware of risks to your assets prepares you to take steps to reduce those risks.
Section 2: Identity Theft and Fraud
We will discuss identity theft and fraud, steps you can take to reduce the risks of identity theft and fraud, and what to do if it happens to you.

Identity Theft Basics
Your identity is an asset.

*Identity theft* is a crime that happens when someone uses a person’s identifying information without authority.

What are some examples of documents that have information about identity?

What other pieces of information can thieves use to impersonate someone?

Key Takeaway
You can reduce your risk of identity theft. Help is available if it happens to you.
How could you be harmed if someone were able to get some of that information?

Criminals use many techniques to try to trick you into giving them personal information, including:

- **Phishing**: criminals trick you into giving them information, often through email
- **Vishing**: phishing by phone
- **Smishing**: phishing by text
- **Spear phishing**: targeted form of phishing in which criminals try to trick groups of people that have something in common
- **Pharming**: criminals trick you by setting up fake websites that appear legitimate
- **Skimming**: criminals steal your credit or debit card number
- **Social media approaches**: criminals trick you into giving them personal information on social media sites, chat rooms, bulletin boards, mobile apps, photo sharing sites, and similar places
Warning Signs of Identity Theft
Watch for unexpected transactions or communications that could indicate your identity has been stolen.

Warning signs of identity theft include:

- Withdrawals from your bank account that you didn’t make
- Missing bills and statements
- Merchants refusing your checks
- Credit card transactions that don’t go through
- Letters about accounts you didn’t open
- Emails about purchases you didn’t make
- Statements for credit cards you don’t have
- Debt collectors calling about debts that aren’t yours
- Passwords or usernames that suddenly don’t work
- Unfamiliar accounts on your credit reports
- Medical bills for services you didn’t receive
- Health records for conditions you don’t have
- The Internal Revenue Service (IRS) notifies you that more than one tax return was filed in your name, or that you have income from somewhere you never worked
- Notification about a data breach
Try It: Spotting Warning Signs of Identity Theft

Read the scenario and then answer the questions.

Scenario: Kareena Spots Warning Signs of Identity Theft
On her way home after work, Kareena stops by her mailbox to pick up her mail. As she walks to her apartment, she begins reading her mail. She’s happy to see a letter from her daughter, and a wedding invitation from her nephew. But she also notices the following pieces of mail:
- An envelope from her place of worship
- An envelope from a dentist’s office
- An envelope from her bank
- A thick envelope with coupons
- An envelope from the county government

Here is more information about each piece of mail Kareena notices. Are there warning signs of identity theft? Be ready to explain your answers.

<table>
<thead>
<tr>
<th>Piece of Mail</th>
<th>Are there Warning Signs of Identity Theft?</th>
</tr>
</thead>
<tbody>
<tr>
<td>An envelope from her place of worship.</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>On the reverse of the envelope, it says, “Contribute to the Renovation Fund this month and we will match your donation!”</td>
<td></td>
</tr>
<tr>
<td>An envelope from a dentist’s office.</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>It looks like a bill, yet Kareena doesn’t remember going to the dentist recently.</td>
<td></td>
</tr>
<tr>
<td>An envelope from her bank.</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>It’s marked, “Make the most of your new EasyCard Express!” Kareena doesn’t remember applying for anything new.</td>
<td></td>
</tr>
<tr>
<td>A thick envelope with coupons.</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>It’s addressed to “Resident.”</td>
<td></td>
</tr>
<tr>
<td>An envelope from the county government.</td>
<td>☐ Yes ☐ No</td>
</tr>
<tr>
<td>It’s marked “citation notice.” It looks similar to a speeding ticket she got two years ago.</td>
<td></td>
</tr>
</tbody>
</table>
Steps to Minimize Identity Theft

You can never completely eliminate all risks. However, you can take steps to minimize some of them:

- **Guard your personal information closely.** If someone asks for your Social Security number or other personal information, ask why they need it, how it will be used, how they will protect it, and what happens if you don’t share it.

- **Don’t respond to unsolicited requests.** They may be text messages, emails, or phone calls asking you for sensitive information, such as your Social Security Number or date of birth.

- **Protect your mail.** Your mail is often an easy target for an identity thief because you likely receive and send personal information that way.

- **Sign up for direct deposit.** This gives thieves less access to your information because paychecks and checks for public benefits do not go through the mail.

- **Clean up your financial trash.** Destroy all pieces of paper containing your personal information before recycling them.

- **Review your financial accounts regularly and carefully.** Contact your financial institution immediately if there is a discrepancy in your records or if you notice something suspicious.

- **Beware of identity theft on the Internet.** Be cautious about providing bank account or other personal information online.

- **Protect your devices, such as computers, phones, and tablets.** Find more information on staying safe online at [www.OnGuardOnline.gov](http://www.OnGuardOnline.gov), a Federal Trade Commission (FTC) resource.

- **Review your credit reports at least once every 12 months.** Carefully check your credit reports for activity you don’t recognize. You can request a copy at [www.annualcreditreport.com](http://www.annualcreditreport.com). Ordering your own credit reports does not affect your credit scores.

- **Keep your important documents secure.** This applies to both paper and electronic documents.

- **Beware of disaster-related scams.** Con artists take advantage of people after disasters by claiming to be from legitimate charitable organizations.

- **Read scam alerts.** The FTC maintains a running list of scams at [www.consumer.ftc.gov/scam-alerts](http://www.consumer.ftc.gov/scam-alerts). You can report scams on the FTC site, too.
Apply It: My Action Plan to Reduce Risks of Identity Theft

You can use this worksheet to list what you want to start doing or do more of to reduce your risk of identity theft.

Guard my personal information closely

Don’t respond to unsolicited requests

Protect my mail

Sign up for direct deposit

Clean up my financial trash

Review my financial accounts regularly and carefully
Apply It: My Action Plan to Reduce Risks of Identity Theft

Beware of identity theft when I use the Internet

Protect my devices, such as computers, phones, and tablets

Review my credit reports at least once every 12 months

Keep my important documents secure

Beware of disaster-related scams

Read scam alerts

Can you think of anything else?
REPORTING IDENTITY THEFT AND GETTING HELP

Create an Identity Theft Report with the FTC
If your identity has been stolen, you are not alone. One of the best steps you can take is to create an identity theft report with the FTC. It proves to businesses that someone stole your identity and makes it easier to correct problems caused by identity theft.

Work with Credit Reporting Agencies
Credit reporting agencies, also called credit bureaus or credit reporting companies, make credit reports.

You can work with them to:

- Place a fraud alert on your credit reports—it’s free
- You can place a one-year initial fraud alert. You can do this if your identity has been stolen or if you think it might be stolen. An identity theft report is not required. When it expires, you can place another one.
- If you have filed an identity theft report, you can place a seven-year extended fraud alert.

You can contact one of the three nationwide credit reporting agencies at:

- Experian: www.experian.com/fraudalert, 1-888-397-3742
- TransUnion: www.transunion.com/fraud, 1-800-680-7289
- Equifax: www.equifax.com/creditreportassistance, 1-888-766-0008

Whichever one you contact to place the fraud alert must contact the other two.

Dispute inaccurate information on your credit reports.

You can also consider placing a freeze on your credit reports. A credit freeze makes it less likely an identity thief can open a new account in your name.

To learn more, visit the Federal Trade Commission website at ftc.gov and search for “fraud alerts” and “credit freeze.”
Communicate with Creditors and Debt Collectors
If your identity has been stolen, the FTC advises that you communicate with your creditors and debt collectors:

- Alert them about fraudulent accounts
- Get copies of documents related to the theft of your identity
- Ask them to stop contacting you about fraudulent accounts
- Get written information about fraudulent debts.

Know and Exercise Your Other Rights
You have other federal rights related to identity theft. See IdentityTheft.gov for more details. In many states, businesses or organizations that lose or misplace certain types of personal information must tell you if that has happened. To learn more, go to USA.gov and search for “data breach your-state-name” (for example, if you lived in Indiana, type “data breach Indiana”).

Remember the Key Takeaway
You can reduce your risk of identity theft. Help is available if it happens to you.
**Section 3: Insurance and Record-Keeping**

We will discuss how insurance can reduce the financial impact of a loss and the importance of keeping accurate records.

**Key Takeaway**

Insurance provides protection from financial loss. Keep accurate records of your assets and damages to your property.

**How Insurance Works**

Insurance can reduce the financial impact of a loss or event covered by the insurance policy. Insurance is an important way to protect yourself from financial catastrophe.

Insurance policies provide definitions of terms used and their meanings. Here are some general definitions of some key terms related to insurance:

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Insurance premium:</strong></td>
<td>When you take out an insurance policy, you agree to pay this amount of money on a regular basis to the insurance company.</td>
</tr>
<tr>
<td><strong>Covered loss:</strong></td>
<td>These are the losses or events that the insurance policy will cover.</td>
</tr>
<tr>
<td><strong>Coverage limit:</strong></td>
<td>The maximum amount of money the insurance company will pay.</td>
</tr>
<tr>
<td><strong>Deductible:</strong></td>
<td>You agree to pay up to this amount of money per year or per covered loss.</td>
</tr>
<tr>
<td><strong>Copayment:</strong></td>
<td>This is the dollar amount you have to pay each time you receive services or file a claim for a covered loss.</td>
</tr>
<tr>
<td><strong>Coinsurance:</strong></td>
<td>This is the percentage of each claim you must pay before the insurance will pay.</td>
</tr>
</tbody>
</table>

Insurance provides protection from financial loss. Keep accurate records of your assets and damages to your property.
Exceptions or Exclusions: These are limits on insurance coverage or situations the insurance will not cover. They will be stated in the written insurance policy.

Claim: This notifies the insurance company you have incurred a loss that you believe is covered by your insurance policy.

Adjudicate: This means review. The insurance company reviews your claim and determines if the loss is covered by your insurance policy, what you owe, and what they will pay.

Types of Insurance
You can review information and tools on various types of insurance from the National Association of Insurance Commissioners at www.insureuonline.org and www.naic.org.

Getting Insurance
The types and amounts of insurance you need will depend on your individual situation. Purchasing insurance is about managing risks to your assets.

Periodically review all your insurance coverages. That way, you will be familiar with what is and is not covered, see if you need to change your insurance coverage, and know if you can get a better deal elsewhere.

Shop Around
- Review state-specific shopping tips at www.naic.org and search for “state map.”
- Check out insurance companies. Research a company’s complaint record at https://eapps.naic.org/cis/. Also, find out what others think about a company’s customer service by reading online reviews from current customers.
- Ask for discounts.
- Compare quotes from several insurance companies.
- Consider tradeoffs between deductibles, coinsurance, coverage limits and premiums.
### Apply It: Insurance—Do I Have It? Do I Need It?

Review the list of types of insurance and check if you have it or might need it.

<table>
<thead>
<tr>
<th>Type of Insurance I Might Need</th>
<th>Do I Have It?</th>
<th>Do I Need It?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Health insurance</td>
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<tr>
<td>Long term care insurance</td>
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<tr>
<td>Dental insurance</td>
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<tr>
<td>Vision insurance</td>
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<tr>
<td>Disability insurance</td>
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<tr>
<td>Life insurance</td>
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<tr>
<td>Pet insurance</td>
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<tr>
<td>Identity theft insurance</td>
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<tr>
<td>Vehicle insurance</td>
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<tr>
<td>Renter’s insurance</td>
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<tr>
<td>Homeowners insurance</td>
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<tr>
<td>Flood insurance</td>
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<td></td>
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<tr>
<td>Other:</td>
<td></td>
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<tr>
<td>Other:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Other:**
Keeping Accurate Records
Keeping accurate records is an important part of making sure insurance adequately covers your risks.

- **Create and maintain a list your assets:**
  - See guidance and tools on creating an inventory or list of your property from the National Association of Insurance Commissioners. Visit [www.insureuonline.org](http://www.insureuonline.org) and search for “inventory.”

- **Document any damages and save receipts for related expenses:**
  - Take videos and/or pictures to record damage to your home, personal property, or vehicle.
  - Save receipts for any expenses you incur as a result of the damage or loss.
  - Keep copies for your records and share them with your insurance company.

- **File claims:**
  - If you’ve incurred a loss that you believe is covered by your insurance policy, file a claim as soon as you discover the loss.
  - Your policy might include a time limit on when you can file a claim.

Remember the Key Takeaway
Insurance provides protection from financial loss. Keep accurate records of your assets and damages to your property.
Module Closing

⭐ Remember the Key Takeaways

<table>
<thead>
<tr>
<th>Section</th>
<th>Key Takeaway</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Risks to Your Assets</td>
<td>Being aware of risks to your assets prepares you to take steps to reduce those risks.</td>
</tr>
<tr>
<td>2: Identity Theft and Fraud</td>
<td>You can reduce your risk of identity theft. Help is available if it happens to you.</td>
</tr>
<tr>
<td>3: Insurance and Record-Keeping</td>
<td>Insurance provides protection from financial loss. Keep accurate records of your assets and any damages to your property.</td>
</tr>
</tbody>
</table>

Take Action
You are more likely to take action if you commit to **taking action now**. One way to commit is to think about what you plan to do because of what you learned today. Then write it down.

What will I do?

How will I do it?
Will I share my plans with anyone? If so, who?

Where to Get More Information or Help

The Federal Trade Commission (FTC) is a great source of information on identity theft and fraud. Start to explore the information and tools they have at IdentityTheft.gov.

Find information and tools on insurance from the National Association of Insurance Commissioners at www.insureuonline.org and www.naic.org.

If you have a question about a banking product, ask a customer service representative at the financial institution for help.

If you have a concern, explain to the customer service representative what happened and what you would like them to do to correct the situation. If that does not help, consider contacting the federal regulator for that financial institution.

To find out who regulates the financial institution, call the FDIC toll-free at 1-877-ASK-FDIC (1-877-275-3342) or visit www.fdic.gov/consumers/assistance/filecomplaint.html.
Pre-Training Survey

Your instructor may ask you to complete this pre-training survey before the training begins.

Please answer these questions:

1. You can eliminate all risks by taking precautions to protect yourself.  True  False

2. Both strangers and people you know can steal your identity.  True  False

3. Why is insurance important?
   a. It can reduce the financial impact of a covered loss
   b. It prevents damage from natural disasters
   c. It has federally insured deposit protection
   d. It allows you to digitally encrypt your information to keep it safe

4. Which of the following are ways to reduce the risk of identity theft?
   a. Protect your numbers (Social Security number, credit card numbers, bank account numbers, etc.)
   b. Protect your mail
   c. Sign up for direct deposit
   d. All of the above
PAGE INTENTIONALLY LEFT BLANK
Post-Training Survey

Your instructor may ask you to complete this post-training survey after the training ends.

Please answer these questions:

1. You can eliminate all risks by taking precautions to protect yourself.  
   True  False

2. Both strangers and people you know can steal your identity.  
   True  False

3. Why is insurance important?  
   a. It can reduce the financial impact of a covered loss  
   b. It prevents damage from natural disasters  
   c. It has federally insured deposit protection  
   d. It allows you to digitally encrypt your information to keep it safe

4. Which of the following are ways to reduce the risk of identity theft?  
   a. Protect your numbers (Social Security number, credit card numbers, bank account numbers, etc.)  
   b. Protect your mail  
   c. Sign up for direct deposit  
   d. All of the above

About the Training

Check the box that best describes your agreement or disagreement with each of these statements.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Completely agree</th>
<th>Somewhat agree</th>
<th>Somewhat disagree</th>
<th>Completely disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>5. I would recommend this training to others.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. I plan to apply what was discussed in this training to my life.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. The instructor used engaging training activities that kept me interested.</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>8. The instructor was knowledgeable and well prepared.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. The Participant Guide is clear and helpful.</td>
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</tr>
</tbody>
</table>
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Visit the FDIC’s website at www.fdic.gov/education for more information and resources on banking-related issues. For example, FDIC Consumer News provides practical hints and guidance on how to become a smarter, safer user of financial services. Also, the FDIC’s Consumer Response Center is responsible for:

- Investigating all types of consumer complaints about FDIC-supervised institutions
- Responding to consumer inquiries about consumer laws and regulations and banking practices

You can also call the FDIC for information and assistance at 877-ASK-FDIC (877-275-3342).