

The Public Benefits Presentation focuses on :

- SNAP: Supplemental Nutrition Assistance Program
- Alternatives to ACP: Affordable Connectivity Program, which ended on June 1, 2024
- LIHEAP: Low-Income Home Energy Assistance Program
- MSP: Medicare Savings Program, and the
- Medicare Extra Help Plan

***Millions of Older Adults are Eligible for Both SNAP and a Medicare Savings Program (MSP)**

Some of the additional resources that AARP offers on their website are various compendiums to complement the information we supply in our presentations offered by the NJ Speakers Bureau to the various libraries and senior facing non-profits across the states.

- Snap information and further Resources for Individuals Facing Food Insecurity can be found here: “[Resources and Support for Individuals Facing Food Insecurity](#)”
- [Life After ACP](#)
- [LIHEAP](#) Resources
- MSP: Medicare Savings Program: Helpful Links about NJ MSP Services: [Ask AARP](#)

Additional Medicare Saving Program Resources in NJ

- To learn more about Medicare Savings Programs (MSP), you can contact the New Jersey Senior Medicare Patrol (SMP) and its Toll Free Hotline - 877-SMP-4359 . SMPs provide education and assistance with Medicare-related issues, including MSPs. They can guide you through eligibility requirements and application processes for MSPs, which help with Medicare costs for people with limited income and resources. [For New Jerseyans - Senior Medical Patrol](#)
- The State Health Insurance Assistance Program (SHIP) provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance. SHIP is a statewide program administered by the New Jersey Department of Human Services and funded in part by a grant from the U.S. Administration for Community Living. [Division of Aging Services | State Health Insurance Assistance Program \(SHIP\)](#)
- NJ Save is an online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescriptions costs, and other living expenses. [NJSave Application](#)

Other helpful AARP links for Medicare

<https://answers.aarp.org/t/medicare>

Medicare: [Medicare — Resources and Information from AARP](#)

Can You Get Help Paying for Medicare Costs?

Course for AARP Members to Making the Most of Medicare: [Making the Most of Medicare | !\[\]\(d3102649f02e825ddb76dc3de0190154_img.jpg\) AARP Academy](#)

Social Security Understanding Your Benefits presentation covers:

- What is Social Security?
- Full, early and delayed retirement payments
- Social Security and work
- Family payments
- How to apply
- Resources
- The future of Social Security

Helpful Links about Social Security from AARP

Your Questions Answered

Social Security - News, Tools, and Resources

AARP Protecting Social Security: [AARP Social Security Support and Advocacy](#)

COLA: <https://www.aarp.org/retirement/social-security/info-2024/cola-set-for-2025.html>

AARP SS Calculator [Social Security Calculator: Estimate Your Benefits](#)

Helpful Hotline Links:

Senior Planet [Personalized Tech Help - Senior Planet from AARP](#)

AARP Foundation Tax-Aide: [AARP Foundation Tax-Aide Service](#)

AARP FraudWatch Network: [Scam, Fraud Alerts - Protect Your Digital Identity](#)